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## INCARNATION HOUSE

**The mission of Incarnation House is to prepare homeless and housing insecure youth for life success by providing access to educational, emotional, and other support services.**

Incarnation House (IH) provides resources for housing insecure and at-risk BIPOC students who attend North Dallas High School. For these teens, IH is an opportunity to gather with peers while sharing meals and participating in programming that helps them become the best possible version of themselves. At the same time, IH is more than a supportive network; it is a lever and a hub for wrap-around resources and services, coordinating local organizations and nonprofits to address the needs of the whole student. Through its multiple partnerships, IH's resources and programming provide:

- Academic assistance in engaging, relatable ways, from tracking attendance to building positive habits for college and life in our social and emotional health programs, we equip the teens who come to us for a healthy, balanced lifestyle.
- Preventative services that promote health awareness and equip students with tools to improve their entire wellbeing - encouraging exercise, nutrition coaching, meditation, growth mindset training, art therapy and sex education.
- Vocational support that takes IH students to college and beyond by organizing college tours, touring local businesses, learning about different careers, and helping students secure internships in their area of interest.
- Access to enrichment activities that allow students to experience as much of their surrounding community as possible through field trips to museums, sports venues, and cultural centers in near proximity to North Dallas High School.

Altogether, Incarnation House's programming and partnerships create the opportunity for teens to nourish their minds, bodies, and spirits as they grow into young adults equipped for life's challenges and joys.

## OUR PURPOSE

*We safeguard adolescence* by providing at-risk high school teens with a safe space to learn, grow, and belong with resources that nourish their mind, body, and soul.

*We provide structure and opportunity* by empowering futures with comprehensive and focused programs that meet teens where they are, helping them flourish into the grown-up they want to be.

*We nurture neighborhoods* by focusing on the individual lives within them, giving every student the care and attention they deserve and creating lasting change from the inside-out.

*We serve the future* by investing in students today to awaken their potential and acknowledge their power to enact change tomorrow.

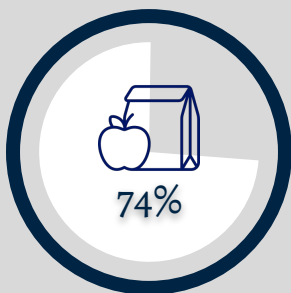
## PARTNERS

North Dallas High School  
 DISD Youth & Family  
 Counseling Services  
 Big Thought  
 Our Friend's Place  
 Healthy Futures  
 Junior Players  
 Roseland Partners

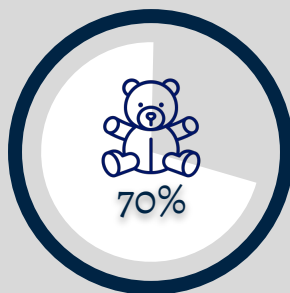
We serve teens from **North Dallas High School** who are...



Living Below the  
Poverty Line



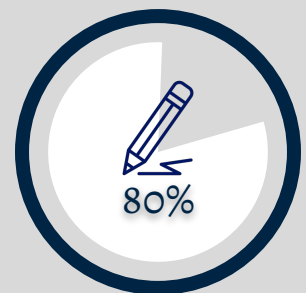
Facing Food  
Insecurity



Housing Insecure  
or Unhoused



Students of  
Color



Academically  
At-Risk

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## INCARNATION HOUSE - STUDENT IMPACTS AY 2023-24

During the 2023-24 academic year, Incarnation House was home to a total of 80 individual students. IH teens are 98% African American, 2% Hispanic, 45% male and 65% female.

100% of the students and families who come to IH for resources and support live at or below the federal poverty line (\$30,000 for a family of four living in the city of Dallas in 2023) and 100% qualify for free and reduced lunch. Living situations for families of students at IH range from motels, shelters, cars, doubling and tripling up, to Section 8 and HUD housing.

### PARTICIPATION IN OUR PROGRAMS

- **Resources to meet physical needs:** 80 individual teens participated in drop-in breakfasts or other IH programming where they enjoyed snacks and a daily hot meal, and had access to toiletries, and work, school, and formal wear.
- **Resources to meet social and emotional needs:** 30 teens received weekly social/emotional health from Dallas ISD's Youth and Family Counseling Services, Big Thought (art therapy) and/or Healthy Futures (healthy sexuality).
- **Resources to meet academic enrichment needs:** 40 students received exposure to the performing arts through Junior Players. 12 students participated in college visits to New Orleans and South Texas.
- **Resources for leadership development:** 20 students received leadership training from Our Friends' Place.
- **Resources to promote post-high school economic stability:** 11 graduating teens received assistance with college applications, dorm life baskets, and/or personal finance training designed for teens. All have been accepted to the college of their choice.
- **Resources for summer enrichment:** Last summer, 12 students participated in CrossFit, went to Epic Water Park, shared personal growth at Group Dynamics, had fun at Urban Air, and experienced alternate reality at Sandbox VR.

### IMPACT MEASURES

IH measures impact using a nationally normed instrument called **Hello Insight** for teen self-assessment. Our goals are:

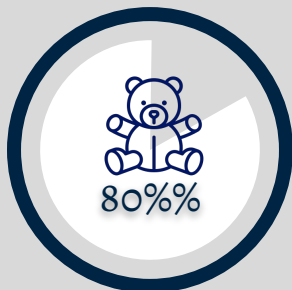
- **College and careers:** 100% of teens who are with us for four years graduate and go on to college or careers.
- **Exiting poverty:** 100% of teens are able to achieve income levels at 250% of AMI within four years of graduation.

In 2023-24, we measured these critical predictors of college and career success:

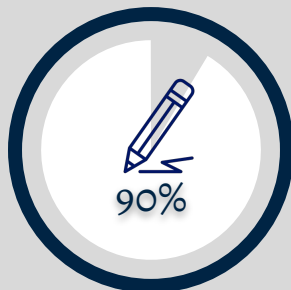
- **SEH:** 80% of teens surveyed achieved positive SEH outcomes that contribute to college readiness and well being.
- **Outlook:** Positive college outlook 80%, goal orientation 80%; self-management 90%, academic self-efficacy 70%.
- **Core capacities:** 90% of students surveyed demonstrated meaningful growth in at least three of five core capacity areas (academic self-efficacy, contribution, positive identity, self-management and social skills)
- **Program satisfaction:** 90% of students surveyed would recommend IH to a friend.



Graduation and College Matriculation



Positive SEH Outcomes



Academic Self-Efficacy



Meaningful Growth



Program Satisfaction

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